

DUALE MEDIZIN

Dr. med. E. Seebach

Are your adrenal glands exhausted? Send your fax reply to +49-89-54329907

Family name: _____ (please add before sending the fax)

Are your adrenal glands functioning properly? Evaluate the occurrence of each symptom on the scale below, then calculate the total value.

Evaluation scale of the symptoms:

0=None 1=Seldom 2=Occasionally 3=Often 4=Occasionally with strong symptoms 5=Continuously

- Fatigue
- Exhaustion
- Depressions
- Concentration weakness
- Poor memory
- Low blood pressure
- Phases of low blood sugar (hypoglycemia)
- Craving for sweet food
- Constant feeling of coldness (abnormally low body temperature)
- Headaches
- Lower than usual perspiration
- Food allergies and including other allergies
- Slight dizziness when standing up
- Slow recovery from infections
- Serious and recurring stress
- Slow recovery from all kinds of stress (sport, overwork, intellectual strain, insufficient sleep, emotional trauma, operation)

___ Total value

- 1 - 10 can indicate a slightly increased unbalance
- 11 - 20 can indicate an increased unbalance
- 21 - 34 can indicate a strong unbalance
- 35 and higher can indicate a dangerous unbalance

Duale Medizin GmbH

www.duale-medizin.de

Duale Medizin® im Humboldt Klinikum
Vivantes Netzwerk für Gesundheit GmbH
Am Nordgraben 2, EG. • 13509 Berlin, Germany
T: ++49 30-13012-0 • berlin@duale-medizin.de

Duale Medizin® in Munich
Dachauer Str. 9 • 80335 Munich, Germany
T: ++49 89-51618910 • F: ++49 89-54329907
info@duale-medizin.de